The 5 Critical Things You *Need* To Know Before Getting Braces

Revealed! In this report:
✓ Why your teeth may crack
✓ How to get braces no matter what your budget is!
✓ How to save costly dental work on yourself
✓ Other critical factors you need to know beside price
✓ *And much, much more...*

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Are You Tired of Crooked Teeth but Can't Afford Braces?

Will you smile more when your teeth are straight and you haven’t broke the bank?

For some, according to Dr. Isakow, General Dentist, straightening their teeth with braces is outside their budget. "Some people are embarrassed by their crooked teeth but couldn't afford the high up front cost of braces," says Dr. Isakow. "That's why I'm offering affordable payment terms with a low down payment to fit anyone's budget." Dr. Isakow currently offers braces as low as $100 a month with $500 down payment and 0% interest.

Braces for kids AND adults (6 month braces)

Now, imagine what your smile will be like when your teeth are straightened...

Call his office now at: 416-907-8458 Ext. 206
The 5 Critical Things You Need to Know Before Getting Braces

Ask any adult who wore braces as a teen about the experience and many will shudder from the memory. The taunting of those whose mouths glistened with metal was fierce. Names like “brace face” were common and it’s no wonder. Bulky headgears and wide silver bands that nearly covered the entire surface of every tooth is what getting braces used to mean.

Braces have come a long way since then. And that’s good news for you. In just the past few years braces have gotten smaller, stronger, and more efficient. Less of the tooth is covered, wires are incredibly thin, and there’s even a new brand that’s practically invisible.

If you’re just beginning the brace race, whether for yourself or your child, you’ll quickly realize you’re entering a strange new world. What follows are the 5 most important things you need to know before getting braces.

#1 – What are braces?

Braces is a common term used to describe brackets that are applied to the surface of teeth. Braces are made of stainless steel, ceramics, gold plating, and other materials. Their purpose is to help correct problems and issues associated with teeth, jaws or both. Braces don’t work alone. Treatment may also include things like palate or jaw expanders, spacers, headgear, tiny elastics, and other fixed and removable appliances. Some patients even need permanent teeth extracted before orthodontic appliances can be applied.

Orthodontic treatment periods for braces and other appliances vary. As a general rule, the more severe the problem, the longer it will take to correct. Some problems are corrected in just six months while other problems may take several years. Once braces are removed, patients wear an appliance called a retainer that helps keep the newly aligned teeth in place.

Braces are no longer just for kids. Adults with healthy teeth are wearing them too. Although success with adults is high, the American Association of Orthodontics recommends that children as young as seven be evaluated for the need to wear braces. If jaws and teeth aren’t growing and developing properly, the orthodontist is trained to recommend the most beneficial age to begin orthodontic treatment.

#2 – Braces do more than boost self-esteem

Teeth are one of the first things other people see. Without a doubt, plenty of people get braces to enhance the visual appeal of their smiles. But if you could scratch below the surface of that pretty new smile, you would see that a lot more happens during orthodontic treatment.

By realigning the jaw line, overbites that might eventually cause cracked teeth are eliminated. Crowdedness that causes teeth to overlap is spread apart. With teeth no longer crowded, there are fewer places to trap food particles. Jaw lines that are spread too wide and cause gaps between teeth are
tightly, helping make the gum area less susceptible to damage. Straightened teeth are easier to care for, make chewing easier, and help reduce the risk of tooth decay. Perhaps most important, by addressing and correcting dental and bone problems early on, you’ll likely avoid costly dental work in the future.

#3 – Braces quotes may be negotiable

Dental insurance policies vary greatly when it comes whether and how much they contribute towards the cost of orthodontic work. If you’re paying all or any part of the treatment out of your own pocket, it’s worth your time to shop around and compare the rates quoted by several orthodontists.

To make comparison easier, request a breakdown of costs. Besides the treatment plan, there may be costs associated with x-rays, impression (molds of teeth), photographs and more. Take time to learn the terms involved in the treatment process so you understand what you’re paying for. And as always, the orthodontist with the lowest quote for treatment isn’t always the best choice.

If you like a particular orthodontist, but his or her quote is higher than what you’ve gotten from others, share this with the orthodontist you like. Rather than lose your business entirely – which could easily be several thousands of dollars, the orthodontist may be willing to shave a few hundred dollars or so off the quote just to keep your business. If you don’t ask, you’ll never know if you could have gotten a better deal. Orthodontic treatment is a service, and like a lot of services, price may be negotiable.

#4 – Price isn’t the only thing to consider

Orthodontic patients require frequent check-ups before, during, and after the treatment period. These check-ups, which are scheduled every 6 weeks or so, usually involve taking impressions or x-rays, tightening archwires or springs, changing elastics or installing new appliances. Usually they’re quick. But even so, you could find yourself sitting in the waiting room, waiting your turn. So make sure the orthodontic practice you’re considering has sufficient support staff to efficiently handle the number of patients.

If you work or go to school, knowing whether the orthodontist has early morning and/or late afternoon appointments can make it easier to fit these frequent and sometimes lengthy visits into your schedule. Since you’ll be making frequent visits, also consider the proximity of the orthodontist’s office to work or school. Think about the amount of traffic you’ll encounter getting there as well as other factors that may take up more of your time. If the orthodontist is too hard or too far to get to, this could become a problem.

All this may seem trivial, but it’s not. It should all be taken into consideration before making a final decision on an orthodontist.
# 5 – Kids and teens, you’re definitely not alone!

Take a look around and you’ll see lots of your friends wearing braces. No matter what you think, wearing braces is unlikely to ruin your social life. And everybody won’t be staring at your mouth. Braces might cause pain in the beginning and sometimes when they’re tightened. And getting used to them might take time. But as soon as you realize you can deal with the temporary pain and the temporary change in your appearance, you will get used to them. Once you do, wearing them won’t be a big deal anymore. You may even forget you have them on!

If you want to wear braces for the shortest time possible, simply do what your orthodontist says to do. Avoid the foods you’re not supposed to eat. Wear your mouth guard, elastics or whatever you’re supposed to wear, for as long as you’re supposed to wear it. And don’t despair; the time will fly by faster than you think.

And there you have it; the 5 most important things you need to know before getting braces. Good luck with your search!